

# Public High Schools in America

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美國公立高中就讀專案  
對象: 9~12年級(國三~高三)



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# ANTELOPE VALLEY SCHOOL DISTRICT – LOS ANGELES

本校位於加州洛杉磯  
9~12年級 (男女皆可)



The Antelope Valley has enjoyed unprecedented growth and prosperity in the last decade. Once home of vast herds of prong-horned antelope and acres of alfalfa, AV is now the busy center of an expanding aerospace industry and home of the space shuttle. The total population of the Antelope Valley exceeds 350,000. The Valley still offers an uncrowded and open landscape for nature lovers and adventurers of all kinds, and retains much of the charm and serenity of its natural and rural character on outlying ranches and mini-farms. Separated from Los Angeles and the Coastal cities of Southern California by the San Gabriel Mountains, the Antelope Valley is located on the southwestern rim of the Greater Mojave Desert in northern Los Angeles County's "High Desert" region.

Los Angeles is the second-largest in the United States. Often abbreviated as L.A., it is one of the world's most prominent centers of culture, technology, media, business, and international trade. It is home to renowned institutions covering a broad range of professional and cultural fields, and it is one of the most important economic engines of the United States. Los Angeles also leads the world in producing popular entertainment – such as motion picture, television, video games and recorded music – which forms the base of its international fame and global status.

## Schools – Grades 9-12

### Antelope Valley High School

Antelope Valley High School has 2,700 students and offers a strong curriculum. In addition to traditional sports and clubs, AVHS provides students many opportunities to be involved. It offers Naval JROTC, a technology academy, an AVID program, an Agriculture program, a Family and Consumer Science program, and a Film and Media Production pathway, to highlight just a few.

### Eastside High School

Eastside High school has 2,100 students and opened within the last few years. Eastside is the 8th and newest school in the district. The school opened its doors to freshmen in August 2005, with the first class set to graduate in June 2009.

### Highland High School

Built in 1989, Highland High School is a 3600 student public, full service, high school in Palmdale, California, offering comprehensive college and career preparatory classes. The mission of HHS is to provide an opportunity for all students to be empowered with the knowledge and skills derived from a quality core and elective curriculum; to encourage all students to develop their capacity for critical thought and effective communication in order to function in the jobs available today and in the future; and to become well-informed and productive citizens.

### Knight High School

Knight High School is an academically rigorous learning environment that promotes college and/or career goals for all students through standards driven curriculum and student centered instruction. Every student at Knight High School will have the option of attending a four-year college or university.

### Lancaster High School

The mission of Lancaster High School is to empower students to succeed with the choices and challenges of the twenty-first century. At each grade level they explore the connections between what they learn and the "real world." Students participate in the learning process by working in teams to problem-solve, taking responsibility for much of their own learning through active participation, discovery, investigation, research, and communicative skills.

### Little Rock High School

Little Rock High School has been serving its community and neighborhood since 1989. We believe that no child should be, or will be, "left behind" here at Little Rock High School. Our teachers work very hard to ensure that our students obtain a quality education. Our subjects include English, Mathematics, Science, Social Science (History), Arts, Healthful Living, Home Economics, Physical Education, Technology, and other Electives.

## Fees Including Host Family

\$23,000

## Student Population

Antelope Valley High School	2,217
Eastside High School	2,100
Highland High School	3,459
Knight High School	3,286
Lancaster High School	3,423
Little Rock High School	2,053

## Teacher: Student Ratio

Antelope Valley High School	1:23
Eastside High School	1:31
Highland High School	1:26
Knight High School	1:26
Lancaster High School	1:27
Little Rock High School	1:26

## Extracurricular Activities

Several different sports are offered at all of the high schools and more the most part include Cross Country, Football, Girls Golf, Girls Tennis, Girls Volleyball, Boys Basketball, Baseball, Girls Basketball, Boys Soccer, Boys Golf, Girls Soccer, Softball, Swimming, Wrestling, Boys Tennis, Track, and Boys Volleyball. The schools also offer a variety of interest clubs ranging from Drama Club to Community Service to Language clubs.

## Closest International & Local Airport

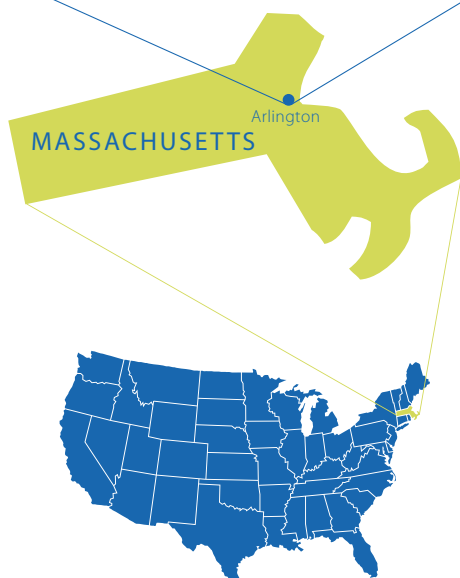
Los Angeles International Airport (LAX)

一年吃住加學費23000美  
元 (約71萬台幣)



# ARLINGTON SCHOOL DISTRICT - BOSTON

波士頓地區公立中學  
9-12年級 (男女皆可)



Arlington, Massachusetts is a suburban community located 7 miles northwest of Boston. Its population consists of a large proportion of academic, business and professional families. Members of the community regularly avail themselves to the cultural, educational, and athletic facilities in the Greater Boston area. The community recently (2005) voted a tax override to support increases to the education budget.

Boston, first incorporated as a town in 1630, and as a city in 1822, is one of America's oldest cities, with a rich economic and social history. What began as a homesteading community eventually evolved into a center for social and political change. Boston has since become the economic and cultural hub of New England. As the region's hub, Boston is home to nearly 590,000 residents, many institutions of higher education, some of the world's finest inpatient hospitals, and numerous cultural and professional sports organizations. Millions of people visit Boston to take in its historic neighborhoods, attend cultural or sporting events, and conduct business.

## Arlington High School - Grades 9-12

Students at Arlington High School focus on five core values and habits of mind as they pursue their secondary education: integrity, accountability, communication, kindness and teamwork. Teachers, counselors, and coaches structure their interactions with students to emphasize these values and habits of mind. The AHS campus exudes an atmosphere of tolerance, support, and social conscience, both during school and at all sporting events and student activities, a clear indicator that AHS students are on their way to becoming active participants in a diverse and democratic society.

## Student Population

1150

## Teacher/Student Ratio

1:13

## Fees including Host Family

\$25,000

一年吃住加學費25000美元 (約  
77萬台幣)

## Academics

Academic rigor is the priority in all Arlington High School courses. Class work at all levels is student-centered and staff work hard to ensure AHS students leave high school with strong teamwork skills, well developed oral presentation skills and a high mastery of individual content areas. Technology is a focus in all coursework across the curriculum as students continually sharpen and refine their skills in Power-Point™ presentations, word-processed long and short term papers, Excel spreadsheets, and other technology- related projects. All science courses have labs incorporated into the curriculum.

## Extracurricular Activities

The school encourages students to take control of their education by: participating in our extensive sports, fine/performing arts and after-school activities program, by getting involved in our internship programs, creating an independent study, enrolling in a college level course or signing up for one of our many school sponsored foreign and domestic travel programs including trips to Italy, Japan, France, Spain and the Civil Rights Tour of Georgia and Alabama.

## Closest international and local airport

Boston Logan International Airport

美國公立中學一年交換學生

適合對象: 9年級~12年級

就讀時間: 一年 或一學期 (學學生可任選)

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一年費用: 19000~25000美元/吃住加學費

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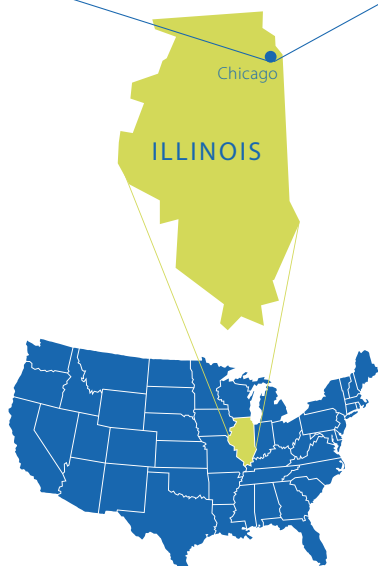
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# CHICAGO SCHOOL DISTRICT

本校位於芝加哥  
9-12年級 (男女皆可)



Chicago is a city in the state of Illinois and the largest in the Midwest. With a population of nearly 3 million people located Chicago is the third largest city in the United States. Chicago has been classified as an alpha world city for its worldwide economic influence. Chicago was incorporated as a city in 1837. Its location at the site of a portage between the Great Lakes and the Mississippi River watershed aided the city's rapid growth. Today, Chicago is a leading global city and a major transportation hub, as well as the business, financial, and cultural capital of the Midwest.

The city's North Side (extending north of downtown along the lakefront) is the most densely populated residential section of the city. It contains public parkland and beaches stretching for miles along Lake Michigan to the city's northern border. Much of the North Side has benefited from an economic boom which began in the 1990s. For example, the River North area, located just north of the Chicago River and the Loop, has undergone a transition from a warehouse district to an active commercial, residential, and entertainment hub, featuring the city's largest concentration of contemporary art galleries.

## Northside College Preparatory High School - Grades 9-12

Northside College Preparatory High School is a Chicago Public-Magnet School. Founded in 1999, it was the first new Chicago Public High School to be built in 20 years. It is a selective admissions school, teaching at the Honors and AP levels only (excluding the PE. department). Northside quickly earned a reputation for academic excellence. In the years 2003-2005, it has scored highest in the state on the Prairie State Achievement Exam scores, administered to juniors.

## Student Population

1041

## Teacher/Student Ratio

1:14

## Fees including Host Family

\$21,000

一年吃住加學費21000美元 (約65萬台幣)

## Academics

Northside was cited in the 5/22/06 issue of Newsweek Magazine as among the top 25 "Elite of the Elite" public high schools nationwide. In 2007, Northside was recognized by US News and World Report as the "24th best public high school in the country." Northside is nationally recognized for its exemplary statistics program (ranked best in the world by the College Board) and its unusual approach to math; the school utilizes the problem-based Interactive Mathematics Program. The school also has rich visual art, music, English, science, and social sciences programs. Other features of the school's curriculum include the Constitutional Law Project and the Senior Project program. Northside also offers seven foreign languages (Chinese, French, German, Japanese, Korean, Latin, and Spanish), more than any other Chicago Public School. Northside also has 24 Advanced Placement classes. Northside is one of the few schools to offer an after-school journalism class that produces the The Hoof Beat.

## Extracurricular Activities

Northside currently offers a wide variety of sports, including Boys' Baseball, Basketball, Bowling, Cheerleading, Chess, Cross Country, Golf, Men's and Women's Lacrosse, Pom Pom, Soccer, Boys' 16" Softball, Girls' Softball, Swimming, Tennis, Track, Water Polo, Wrestling, and Volleyball.

Northside offers a wide variety of extra-curricular clubs, including Academic Decathlon, All For Christ, Animal Rights Club, Anime Club, Asian Club, Beatles Club, The Community for Alternative Sources of Energy (CASE), Debate, Doo Da Lee Doo Doo Club, Fellowship of Christian Athletes (FCA), "Fight Club" (S.C.S.), Gay-Straight Alliance, Global Initiative, Jama'ah Club, Jewish Students Union, Journalism, Junior Statesmen of America, Key Club, Latin Club, Latino Club, League of Extraordinary Seamsters, Martial Arts Club, Math Team, Middle Eastern Club, Model UN, National Honor Society, No More Silence, Pep Club, Student Council, Thespian Society, Yearbook, Depression Support Group, and the Chicago Teams Discussion and History Club

## Closest international and local airport

Chicago O'Hare International Airport  
Chicago Midway Airport

## 美國公立中學一年交換學生

適合對象: 9年級-12年級

就讀時間: 一年 或一學期 (學學生可任選)

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一年費用: 19000-25000美元/吃住加學費

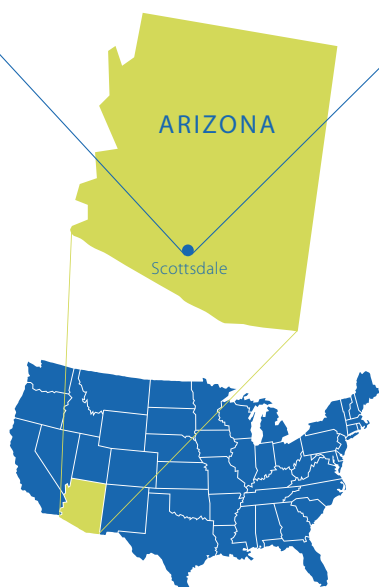
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# PARADISE VALLEY SCHOOL UNIFIED SCHOOL DISTRICT PHOENIX/SCOTTSDALE ARIZONA

本校位於鳳凰城  
9~12年級 (男女皆可)



Scottsdale, with a population of 240,410, is a city adjacent to Phoenix that has become internationally recognized as a premier, upscale tourist destination, while maintaining its own identity and culture as "The West's Most Western Town." Currently, North Scottsdale is the most actively developed area of the city.

Phoenix is the capital and the most populous city of Arizona as well as being the largest state capital in the United States by population. It is the region's primary political, cultural, economic, and transportation center. Incorporated in 1881, Phoenix is young by historical standards but now ranks as one of the fastest-growing cities in the nation. Visitors, residents and businesses will find that Phoenix offers just about everything in the way of sports, recreation, arts, culture, dining, lodging and financial opportunities. Because of the beautiful weather, activities can be enjoyed year-round.

## Horizon High School

Horizon is a comprehensive, suburban four year high school serving the northeast valley area of Phoenix and Scottsdale, Arizona. Horizon received the rating of Excelling in the results of AZ Learns 2005. Over 2500 students attend Horizon which also offers classes in the Special Education and AP Programs. AP programs include English, sciences, social sciences, and mathematics. Students are able to enjoy a variety of teacher-sponsored clubs ranging from the Physics Club to the Asian Awareness Club, to the Manga Board & Anime Club. Students created activist clubs as Save Darfur and many clubs revolving around actions sports, such as the Horizon Airsoft Club. The Video Production club also is responsible for creating a daily television segment called "HTV News," which is broadcast to the entire school each day. The Horizon Choirs are also a large part of the school's spirit, along with the Horizon Band. Horizon is also known for its performing arts program, choir, and orchestra.

## Shadow Mountain High School

Shadow Mountain High School provides its students with a world-class education, challenging them to reach the highest levels of academic achievement and civic responsibility, in a safe and supportive environment. The mission of Shadow Mountain High School is to lead students to high achievement and individual excellence through a system of professional expertise and positive collaboration. A rigorous curriculum ensures that students actively learn the knowledge necessary to succeed in college, and beyond. Shadow Mountain graduates are prepared for the future, armed with 21st century technological and analytical skills that can be productively developed and expanded during their adult lives.

## Pinnacle High School

Pinnacle High School, opened in 2000, is a community school whose purpose is to provide a learning laboratory for students, while serving as a resource for community educational needs. Pinnacle rewards the highest standards of sportsmanship and supports the precept that what is learned and what is won are both worthy outcomes. We challenge students to meet the highest standards of academic, artistic and athletic performance. Pinnacle High School was named as one of Newsweek's Best 1,200 Schools in America during the 2007 school year. The high school ranks 625th out of the 1200 schools on the list and offers Advanced Placement, Structured English Immersion, Honors Program, State-of-the-Art Technology Integration, Signature Programs: Sports Medicine and Community Outreach.

## Fees Including Host Family

\$18,000

一年吃住加學費 18000美元(約55萬台幣)

## Student Population

Horizon High School	2,396
Pinnacle High School	2,027
Shadow Mountain High School	2,077

## Teacher: Student Ratio

Horizon High School	1:25
Pinnacle High School	1:24
Shadow Mountain High School	1:28

## Extracurricular Activities

All three schools offer a variety of sports such as Badminton, Baseball, Basketball, Cheer, Cross Country, Dive, Football, Golf, Pom Line Soccer, Softball, Swim, Tennis, Track, Volleyball, and Wrestling. They also offer other activities such as Academic Decathlon, Art Club, Band, Choir, Newspaper, Orchestra, ROTC, Seasonal Angels, Yearbook, Ambassador Club, Mentors, Peer Mediation, Principal's Advisory Committee, Student Government (STUGO), Backpacking Club, Ceramics Club, Close-Up Club, Club Impact, Club X, Drama Club, Environmental Wildlife Action Group (EWAG), Fellowship of Christian Athletes (FCA), International Club, March of Dimes, Speech and Debate Team, and Youth Alive.

## Closest International & Local Airport

Phoenix International Airport

一年費用：19000~25000美元/吃住加學費

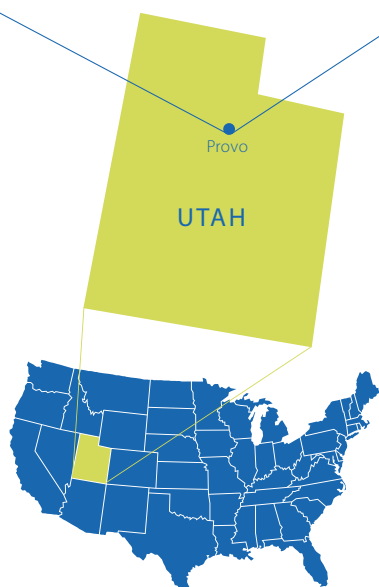
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# PROVO SCHOOL DISTRICT UTAH



猶他州近鹽湖城  
9~12年級(男女皆可)

Provo, Utah, is a city of approximately 115,000 located 45 miles south of Salt Lake City and 4,560 feet above sea level at the western base of the Wasatch Mountains. Provo sits in the Utah Valley, which offers a beautiful setting for its population of nearly 455,000, with 23-mile-long Utah Lake on the west and 11,750-foot Mount Timpanogos on the east. It is also the home of Brigham Young University. Provo is home to more than three dozen restaurants, and a couple of shopping centers. The Provo Towne Centre, a shopping mall, operates in Provo. Within the past two years, a number of small shops, music venues, and boutiques have popped up in downtown, along Center Street and University Avenue. Downtown has also regularly hosts "gallery strolls", featuring local artists.

## Schools – Grades 9-12

### Provo High School

Provo High School is a public secondary school the oldest existent secondary school in the city. Major remodeling of the high school's facility commenced in the summer of 2007 and consists of an ambitious three-year plan to renovate the major east/west-facing "wings" or sections of the building. The remodeling plan is in three phases and will be accomplished by end of the summer of 2009.

### Timpviev High School

The mission of Timpviev High School is to build responsible, life-long learners who exemplify integrity and are prepared to meet life's challenges.

## Fees Including Host Family

\$18,000

一年吃住加學費18000美元 (約55萬台幣)

## Student Population

Provo High School	1,940
Timpviev High School	1,713

## Teacher: Student Ratio

Provo High School	1:21
Timpviev High School	1:24

## Extracurricular Activities

Sports include Boys Basketball, Girls Basketball, Dance Company, Football, Tennis, Soccer, Swim team, Cross Country, Track & Field, Drill Team, and Ballroom. Timpviev also has several clubs such as Band, Drama, FBLA/DECA, FCCLA, German Club, A.S.L., Step Club, Game Club, Orchestra, Harry Potter Club, Cookie Club, A Cappella

## Closest International & Local Airport

Salt Lake City International Airport

## 美國公立中學一年交換學生

適合對象: 9年級~12年級

就讀時間: 一年 或一學期 (學學生可任選)

地點: 洛杉磯 (加州), 芝加哥 (伊利諾州), 鳳凰城亞利桑那州, 西雅圖華盛頓州, 猶他州等... (學生可以自選 / 和其他交換學生分派制不同)

一年費用: 19000~25000美元/吃住加學費

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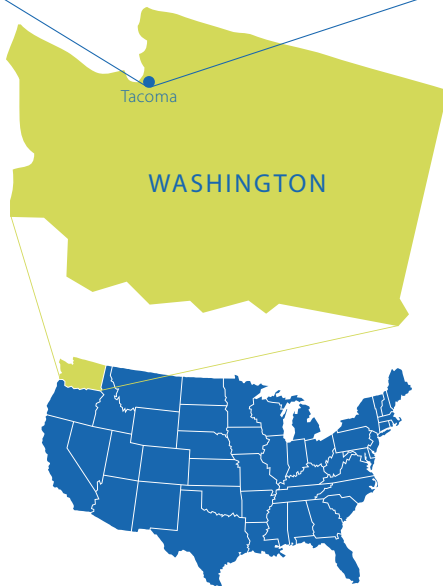
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# TACOMA SCHOOL DISTRICT SEATTLE

本校近西雅圖  
9~12年級(男女皆可)



Located at the foot of Mount Rainier and along the shores of Commencement Bay in Washington State, Tacoma is recognized as a livable and progressive international city. With a population of more than 201,700 residents, the city that incorporated in 1884 has grown from its historical roots as a home of sawmills and a bustling port that exported goods around the world to a center for international exports, the arts and healthy, affordable living. Tacoma is called The City of Destiny.

## Schools – Grades 9-12

### Foss High School

In 1981, Foss High School became the first school in the state of Washington to introduce the International Baccalaureate Program (IB). The IB program greatly enhanced the academic offerings at Foss. The program is a comprehensive two-year curriculum with an international focus including studies in literature, history, mathematics, advanced sciences, philosophy and an equivalent of five years of a foreign language. Students' studies culminate with a series of essay exams which can earn up to a full year of university credit. IB is unique in requiring a 4,000-word extended essay based on independent research and the Theory of Knowledge course which explores the relationships among various disciplines and engages students in critical thinking. Foss is proud of the many clubs in which its students can choose to participate. Students are encouraged to stop by the counseling center for more information.

### Mount Tacoma High School

Mount Tacoma High School's mission is to provide the premier high school experience by challenging each student with a path to a successful future. Mount Tacoma has linked with other schools in a K-14 School-to-Work Program. Mount Tacoma High School promotes lifelong learning to ensure our students' future success in a diverse, interdependent world. We expect high achievement through rigorous educational programs that encourage students to be creative, strive for excellence and become responsible, productive citizens.

### Stadium High School

Stadium High School is a 100-year-old high school in Tacoma, Washington and a historic landmark. It is part of Tacoma Public Schools, is located in the Stadium District, near downtown Tacoma. It was originally intended to be a luxury hotel. The original building was under repair through the end of the 2006 school year. The 100 year celebration of Stadium High School was held in September of 2006.

### Wilson High School

Wilson High School staff, students and parents continue to work together to develop plans that prepare students for life beyond high school. Our primary emphasis is on student achievement in literacy and math and making connections with our student's through a mentoring program. We believe this clear and shared focus will have a significant impact on students' achievement and success in life.

## Extracurricular Activities

There are a variety of sports available at all three schools which include Baseball, Basketball, Bowling, Cheerleading, Cross Country, Fastpitch, Football, Golf, Soccer, Tennis, Track, Volleyball, Swimming, Waterpolo, and Wrestling. Schools also have several interest clubs ranging from Drama, Choir, Community Service, to International Club.

## Closest International & Local Airport

Seattle International Airport

## Fees Including Host Family

\$25,000

## Student Population

Foss High School	1,737
Mount Tacoma High School	1,882
Stadium High School	1,678
Wilson High School	1,434

## Teacher: Student Ratio

Foss High School	1:21
Mount Tacoma High School	1:22
Stadium High School	1:21
Wilson High School	1:20

一年吃住加學費18000美元 (約55萬台幣)

就讀時間: 一年 或一學期 (學學生可任選)

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